

PAST LIFE

ORACLE CARDS GUIDEBOOK



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CONTENTS



WHY I CREATED THESE PAST LIFE ORACLE CARDS	01
PREPARING YOUR PAST LIFE ORACLE CARDS	02
EXPLORING CARD SPREADS	06
THE MEANINGS OF THE CARDS	08
AKASHI RECORDS	09
ANCESTRAL ROOTS	10
ANCIENT AMERICAN	11
ANCIENT EGYPT	12
ARTISAN CRAFTSMAN	13
ARTISTIC EXPRESSION	14
ASIA	15
ATLANTIS	16
BIBLICAL	17
CELTIC	18
CONTRACTS	19
COSMIC HARMONISER	20
COSMIC TRAVELLER	21
COURT JESTER	22
COVEN	23
ELEMENTAL FORCES	24

EMPATHIC HEALER	25
ENCHANTRESS	26
EXPLORER'S HEART	27
FORGIVENESS	28
GIFTS	29
GRECO-ROMAN	30
INDIGENOUS ELDER	31
INVENTIVE MIND	32
INTUITIVE INSIGHTS	33
JOY	34
LEGAL	35
LOST LOVE	36
MEDIEVAL KNIGHT	37
MERCHANT	38
MILITARY	39
MOUNTAIN NOMAD	40
NATIVE AMERICAN	41
NATURE	42
NEOLITHIC	43
NOBLE ROYALTY	44
NOURISHMENT	45
NUN	46

ORPHAN	47
PHILOSOPHER'S PATH	48
PHOENIX	49
RENAISSANCE	50
REVOLUTIONARY SPIRIT	51
SACRED DANCER	52
SACRED GUARDIAN	53
SCHOLARLY PURSUITS	54
SCULLERY MAID	55
SEAFARING SOUL	56
SERENE SANCTUM	57
SOUL FAMILY	58
SPIRIT GUIDE	59
VIKING	60
WARRIOR QUEEN NATURE	61
WEALTH	62
AUTHOR PAGE	63



WHY I CREATED THESE PAST LIFE ORACLE CARDS

Hey there,

These Past Life Oracle Cards are not just another oracle card deck – they're a product of my personal journey and the incredible experiences I've had with my amazing clients during our past life regression sessions.

Over the years, I've helped people explore the depths of their past lives, unlocking hidden memories, and witnessing the profound healing that comes with it. These cards are a natural extension of that journey.

They are designed for those who, like me, understand that we are not just here experiencing this life. We have been here many times before and will more than likely continue to be here after this present life. This deck, is a portal to your own past lives. As someone who's walked this path, I know the transformative power of connecting with your previous selves.

So, whether you're a seasoned explorer of past lives or just dipping your toes into the waters of self-discovery, these cards are your companions. They carry the energy and insights from all those who've delved into their past lives with me.

These cards have the ability to guide you, to challenge you, and to spark your curiosity. They've already taken countless people on a journey of self-discovery and healing.

Are you ready to unlock the mysteries of your own past lives?
Let's dive in together and see where this incredible journey takes you.

Love,
Kylie



PREPARING YOUR PAST LIFE ORACLE CARDS

Before you embark on this profound journey of exploring your past lives with these Oracle Cards, take a moment to prepare both your cards and yourself. The process of preparing your cards helps create a sacred space for meaningful insights and ensures a harmonious connection with the energies they hold.

1. Create a Sacred Space:

Find a quiet and comfortable space where you won't be disturbed. Clear the area of any distractions, and consider adding elements that evoke a sense of tranquility, such as candles, crystals, or perhaps some soothing background music.

2. Cleansing Ritual:

These cards are sensitive instruments, so they need to be cleared of any energy that may have been absorbed through the manufacturing process. To do this, you can perform a cleansing ritual to clear any lingering energies from your cards. You can do this by gently passing the cards through the smoke of sage, palo santo, or incense. This process not only purifies the cards but also signals the beginning of a sacred practice.

3. Energetic Reset:

This step is helpful in the event when someone else has touched your cards or if your readings are lacking clarity due to the cards being “clogged” with too much energy.

Hold the deck in your non-dominant hand — the one that is more receptive to energy. Express intentions by saying a prayer over the cards, asking for the removal of any energies not aligned with divine love. This reset ensures that the cards become a neutral canvas, ready to absorb and reflect your unique energy.

An example of what you can say is -

"Dear Universe, I thank you for removing any energies from these cards that are not aligned with divine love."

4. Set Intentions:

Before you begin, take a moment to set your intentions.

Consider what you hope to gain from this session — whether it's insights into a specific situation, clarity about your life path, or healing from past experiences. Your intentions guide the energy of the reading.

5. Shuffle Mindfully:

As you shuffle the cards, do so with mindfulness. Allow your thoughts to settle, and focus on your intentions. Let your intuition guide your hands. The more present and connected you are during the shuffling process, the more accurate and insightful your reading is likely to be.

6. Choose a Card:

When you feel ready, intuitively select a card from the deck.

Trust your instincts and let the chosen card be a messenger, guiding you to insights about your past lives and the wisdom they hold for your present journey.

7. Consult the Guidebook:

Now, turn to this guidebook. Each card is a doorway to a unique past life experience. The guidebook provides in-depth insights, interpretations, and prompts to help you unravel the messages held within the chosen card. Take your time absorbing the information and reflect on how it resonates with your current circumstances.

8. Reflect and Integrate:

After consulting the guidebook, take a moment to reflect on the insights revealed. Consider how they resonate with your current life, emotions, and experiences. This is a sacred space for personal introspection.

You might choose to:

- **Listen to the Message:**

Close your eyes and meditate on the messages conveyed by the card. Allow the wisdom to resonate within you.

- **Sit with the Wisdom:**

Create a quiet space for yourself to sit in contemplation. Let the revelations settle into your consciousness.

- **Journal Your Thoughts:**

Capture your reflections in a journal. Write down the emotions, images, or thoughts that the card has stirred within you. This becomes a record of your personal journey.

This step is important to integrate the wisdom gained from your past life card reading into your present life. It's an opportunity to honour the insights and consider how they can positively influence your ongoing journey.

9. Manage Intensity:

The exploration of past lives can sometimes bring forth intense memories and emotions. If the flood of memories becomes overwhelming, know that you can manage the intensity.

Consider the following:

- **Seek Guidance:**

Reach out to your spirit guides and ask them to slow down the flow

of memories. They are here to support you on your journey and can provide comfort during moments of intensity.

- **Professional Support:**

If the memories become too intense to navigate alone, consider reaching out to a me. As a professional past-life explorer, I am skilled in helping individuals process and integrate intense past-life memories and emotions. You can reach out via my social media platforms or email.

10. Explore “Jumping” Cards:

During your card-shuffling process, if a card (or cards) "jump" out of the deck, pay special attention to it. These jumping cards carry additional insights, similar to footnotes in a book that enhance your understanding. Take the time to carefully examine the jumping cards, as they might hold crucial information that complements your chosen card and expands the depth of your reading.



EXPLORING CARD SPREADS

When working with the Past Life Oracle Cards, a **single card** often holds the key to unlocking the answers you seek.

However, pulling additional cards may reveal deeper themes and weave a more intricate narrative of your past lives.

When mindfully shuffling your cards, pose specific questions, such as:

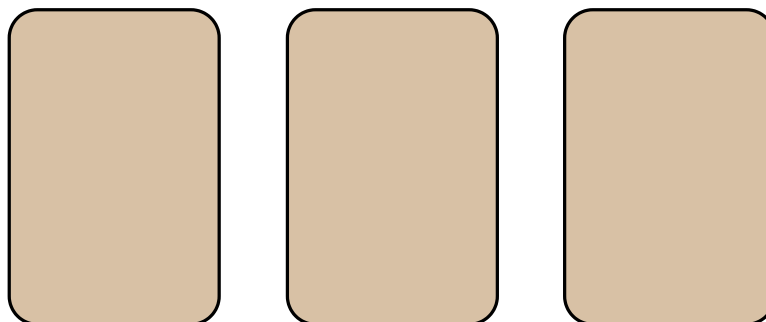
*"What lessons am I currently navigating from a prior lifetime?" or
"Which lifetimes intertwine with my present situation?"*

This beautifully crafted deck serves as a guide to enhance your comprehension and facilitate the healing of negative patterns by tracing them back to their origins in past lives.

The act of identifying the roots of fear-based patterns empowers you to release and heal across various facets of your life - including health, relationships, work, finances, self-esteem, and more.

Broaden your exploration by selecting three cards from the deck's top.

Place them face up, arranging the first card on your left, the second in the middle, and the third on the right.



- **Left Card:**

Reveals insights into the past lifetime that triggered the situation you're currently exploring.

- **Middle Card:**

Unveils the present status of your question, providing guidance on what you need to know or work on in the current moment.

- **Right Card:**

Forecasts your immediate future in this lifetime, offering a glimpse of what lies ahead if you follow the guidance provided by the middle card. This card might also symbolise a future life.

As these cards are tied to specific lifetimes, consider meditating on the reading for a deeper understanding. The cards will "speak" to you through thoughts, feelings, signs, and dreams — trust the initial impressions you receive.

Also keep in mind that the essence of past-life work is to heal old fears or anger, allowing you to focus and savour the beauty of this lifetime.

Learn from the past, then gracefully let it go. In the subsequent section of this guidebook, you'll discover detailed meanings for each card.

Remember, you hold the power of free will choices in your life.

Positive transformation is within reach through inner work, prayers, visualisation, and affirmations.

Be open to the Inner Journey. You are actively co-creating a brighter future, guided by the wisdom of the past and the assistance of the Divine.



THE MEANINGS OF THE CARDS

This guidebook explains the meanings for every card in the Past Life Oracle Cards deck. The card names are listed alphabetically, according to the first word on each.

When you're ready to look up a card's meaning, find the corresponding page and read the interpretation and symbolism for the entry.

Your intuition will offer you even more personalised guidance, so as you read, simultaneously pay attention to your thoughts and feelings. Your body will also react when you're reading about an inner truth - recognising it as such with physical signals such as shudders, sighs, chills, or goose bumps.





AKASHIC RECORDS

"I open the doors to the Akashic Records, accessing the timeless wisdom within my soul."

Card Meaning:

The Akashic Records card signifies a profound connection to the repository of universal knowledge. In this past life, you were a seeker and guardian of ancient wisdom, exploring the boundless realms of knowledge. This card suggests that the answers you seek are within reach, urging you to tap into your intuition and draw upon the vast well of information from your soul's journey.

Journaling Prompt:

Contemplate a question or challenge you are currently facing. Imagine yourself in a serene library, surrounded by infinite books — the Akashic Records.

What insights or wisdom do you sense as you explore these records?

Record your thoughts and any revelations in your journal.



ANCESTRAL ROOTS

"I honour and embrace the strength of my ancestral roots, connecting to the wisdom that flows through generations."

Card Meaning:

The Ancestral Roots card reveals a deep connection to your ancestral lineage. In a past life, you were part of a close-knit community, relying on the wisdom passed down through generations. This card suggests that your present circumstances are influenced by ancestral energies, urging you to explore the lessons and strengths embedded in your family history. It's a reminder that you carry the resilience and traditions of your ancestors within you.

Journaling Prompt:

Reflect on your family history and the values passed down through generations.

How do these ancestral roots influence your current beliefs and actions?

Consider any patterns or traits that resonate with your past, and explore how acknowledging and understanding your ancestral roots can empower you in your present life. Record your reflections in your journal.



ANCIENT AMERICAN

"I honour the ancient spirits of the land, embracing the wisdom and heritage of the Native American traditions."

Card Meaning:

The Ancient American card reveals a past life deeply entwined with the rich tapestry of Native American heritage. In this lifetime, you walked the sacred grounds, harmonising with nature and the spirits that dwell within. This card signifies a connection to the wisdom of indigenous cultures, encouraging you to draw upon their teachings for guidance. It's a reminder of the importance of respect for the earth and living in harmony with its rhythms.

Journaling Prompt:

Imagine stepping into an ancient Native American village.

What sights, sounds, and wisdom do you encounter?

How does this past life influence your connection to nature and your understanding of spirituality?

Reflect on the resonance of Native American traditions in your present life, and explore ways you can integrate these teachings for spiritual growth. Document your insights in your journal.



ANCIENT EGYPT

"I invoke the timeless wisdom of Ancient Egypt, aligning with the mysteries of the Nile and the echoes of Pharaohs past."

Card Meaning:

The Ancient Egypt card unveils a past life immersed in the splendour and mysticism of the ancient Nile civilization. In this lifetime, you played a role in the grand tapestry of Egyptian history, perhaps as a priest, artisan, or noble. This card signifies a connection to the profound spiritual and cultural heritage of Ancient Egypt. It encourages you to tap into the wisdom of the pyramids, hieroglyphs, and sacred rituals for guidance in your present journey.

Journaling Prompt:

Picture yourself in Ancient Egypt, surrounded by the majesty of the pyramids and the energy of the Nile.

What role did you play in this vibrant civilization?

How do the symbols and practices of Ancient Egypt resonate with you today?

Explore how the mystique of this past life influences your spirituality and daily life. Capture your reflections in your journal.



ARTISAN CRAFTSMAN

"I channel the creative spirit of the Artisan Craftsman, weaving beauty and meaning into every creation."

Card Meaning:

The Artisan Craftsman card reveals a past life dedicated to craftsmanship and artistic expression. In this lifetime, you honed your skills as a skilled artisan, crafting objects of beauty and utility. This card signifies a connection to the creative energies that flow through you, urging you to embrace your artistic inclinations. It's a reminder that your ability to create is a powerful force for self-expression and manifestation.

Journaling Prompt:

Visualise yourself in a workshop or studio, surrounded by the tools of your craft.

What were you creating in this past life?

How does the act of crafting and creating resonate with you now?

Reflect on the role of creativity in your current life, and explore ways to infuse more artistic expression into your daily experiences. Capture your insights in your journal.



ARTISTIC EXPRESSION

"I embrace the boundless freedom of artistic expression, allowing my creativity to paint the canvas of my soul."

Card Meaning:

The Artistic Expression card unveils a past life deeply entwined with the exploration of creative realms. In this lifetime, you were a beacon of artistic inspiration, expressing emotions and ideas through various forms of art. This card signifies a connection to the unrestricted flow of creativity within you, encouraging you to embrace and nurture your unique artistic gifts. It's a reminder that your ability to express yourself creatively is a powerful force for personal growth and self-discovery.

Journaling Prompt:

Transport yourself to a moment in your past life when you were fully immersed in artistic creation.

What forms of art were you drawn to?

How did the act of expression make you feel?

Reflect on the role of artistic expression in your current life, and explore ways to infuse more creativity into your daily experiences. Capture your insights in your journal.



ASIA

"I honour the diverse wisdom of Asia, integrating the teachings of ancient cultures into my present journey."

Card Meaning:

The Asia card reveals a past life deeply immersed in the rich tapestry of Asian cultures. In this lifetime, you traversed the landscapes of wisdom, perhaps as a scholar, monk, or explorer. This card signifies a connection to the profound teachings of Asian philosophies, encouraging you to draw upon the spiritual and philosophical insights from this past life. It's a reminder of the importance of harmony, balance, and mindfulness in your present journey.

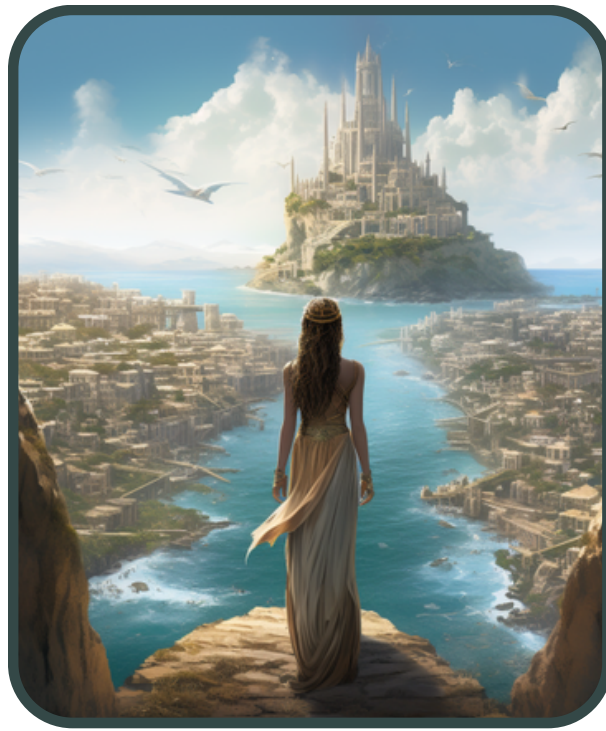
Journaling Prompt:

Visualise yourself in an ancient Asian setting, surrounded by the wisdom of temples, mountains, or bustling markets.

What role did you play in this past life?

How do the philosophies and practices of Asia resonate with you today?

Reflect on how the teachings from this past life influence your spiritual and philosophical perspectives in your current life. Capture your insights in your journal.



ATLANTIS

"I unlock the mysteries of Atlantis, accessing ancient knowledge to navigate my present path with wisdom."

Card Meaning:

The Atlantis card reveals a past life intertwined with the fabled realm of Atlantis. In this lifetime, you were a keeper of esoteric knowledge and a guardian of advanced wisdom. This card signifies a connection to the lost civilisation, encouraging you to tap into the ancient knowledge that shapes your soul's journey. It's a reminder that you carry the echoes of Atlantis within, guiding you to explore deeper spiritual insights and understanding.

Journaling Prompt:

Imagine yourself in the grandeur of Atlantis, a civilisation of advanced technology and spiritual awareness.

What role did you play in this enigmatic society?

How does the energy of Atlantis resonate with you today?

Reflect on the ancient knowledge and wisdom you carry from this past life, and consider how it can illuminate your present path. Capture your insights in your journal.



BIBLICAL

"I embrace the timeless teachings of the Bible, drawing strength and guidance from the sacred stories of old."

Card Meaning:

The Biblical card reveals a past life entwined with the narratives and wisdom of biblical times. In this lifetime, you may have played a role in biblical events or experienced a connection to the sacred teachings. This card signifies a deep spiritual connection to the Bible, urging you to explore the lessons and messages embedded in its stories. It's a reminder that the spiritual truths from your past life can offer guidance and inspiration in your current journey.

Journaling Prompt:

Transport yourself to a scene from biblical times.

What role did you play?

How do the teachings and stories from the Bible resonate with you today?

Reflect on the spiritual lessons and insights you carry from this past life, and consider how they can inform your present spiritual path. Capture your reflections in your journal.



CELTIC

"Through the whispers of the ancient Celtic winds, I embrace the magic within and honour the wisdom of my soul's Celtic journey."

Card Meaning:

The Celtic card unveils a past life deeply connected to the mystical realms of Celtic culture. In this lifetime, you may have been a druid, warrior, or healer within the rich tapestry of Celtic traditions. This card signifies a spiritual link to the Celtic wisdom, encouraging you to explore the magic, nature reverence, and mysticism of your past life. It's a reminder to draw upon the strength of Celtic heritage for guidance in your current journey.

Journaling Prompt:

Envision yourself in an ancient Celtic landscape, surrounded by sacred groves, stone circles, and the energy of the land.

What role did you play in this vibrant culture?

How do the mystical elements of Celtic traditions resonate with you today?

Reflect on the spiritual insights and nature connection from your past life, and consider how they can enrich your present spiritual practices. Capture your reflections in your journal.



CONTRACTS

"I release the bindings of past contracts, empowering myself to rewrite the terms of my destiny."

Card Meaning:

The Contracts card reveals a past life marked by agreements, vows, or commitments. In this lifetime, you may have entered into significant contracts that influence your present circumstances. This card signifies a moment to reflect on the agreements made and their impact on your life. It encourages you to examine the lessons, obligations, and freedom associated with these contracts, offering an opportunity to rewrite and redefine your path.

Journaling Prompt:

Imagine revisiting scenes from a past life where significant contracts were made.

What agreements were forged, and how do they resonate with your present life?

Reflect on the lessons learned from these contracts, the impact they've had, and consider how you can renegotiate or release any limiting terms. Explore how rewriting the contracts of your past can liberate and empower your current journey. Document your insights in your journal.



COSMIC HARMONISER

"I attune to the cosmic frequencies, allowing the harmonising energies of the universe to guide and balance my soul's journey."

Card Meaning:

The Cosmic Harmoniser card unveils a past life marked by a deep connection to the universal energies and cosmic forces. In this lifetime, you served as a channel for harmonising vibrations, promoting balance and unity. This card signifies a spiritual link to the cosmic realms, encouraging you to embrace the harmonising energies that flow through your soul. It's a reminder to align with the cosmic frequencies for guidance and balance in your present journey.

Journaling Prompt:

Envision yourself as a conduit for cosmic energies in a past life. How did you facilitate harmony and balance?

Reflect on the universal lessons and energies you carried from that lifetime and explore how they can guide your actions in the present. Consider moments of balance and disharmony in your life, and meditate on how you can attune to cosmic frequencies for greater equilibrium. Capture your reflections in your journal.



COSMIC TRAVELLER

"As a cosmic traveller, I trust in the divine guidance of the stars, knowing that every step of my journey is guided by the wisdom of the cosmos."

Card Meaning:

The Cosmic Traveller card reveals a past life marked by exploration and connection to celestial realms. In this lifetime, you were a wanderer of the cosmos, navigating the vast expanses of the universe. This card signifies a spiritual link to the cosmic energies, encouraging you to draw upon the wisdom of the stars for guidance. It's a reminder that your soul carries the imprints of cosmic journeys, offering insights and perspectives beyond earthly experiences.

Journaling Prompt:

Visualise yourself as a cosmic traveller, traversing the galaxies in a past life.

What insights did you gain from these celestial journeys?

Reflect on how the cosmic wisdom you gathered influences your present understanding of life and existence. Consider moments when you felt a cosmic connection in your current life, and explore how you can tap into these energies for guidance and expansion. Capture your reflections in your journal.



COURT JESTER

"With the heart of a jester, I navigate challenges with a smile, recognizing that laughter is a powerful ally on my journey of self-discovery."

Card Meaning:

The Court Jester card reveals a past life marked by the role of the playful trickster in a royal court. In this lifetime, you brought joy and levity through humour and wit. This card signifies a connection to the transformative power of laughter and the ability to find wisdom in jest. It encourages you to embrace light-heartedness, even in serious matters, and to appreciate the lessons that come with a joyful spirit.

Journaling Prompt:

Imagine yourself as a court jester, bringing laughter and mirth to the royal court.

How did your humour affect the people around you?

Reflect on the role of laughter in your life now and consider moments when humour has been a source of insight or healing. Explore how you can infuse more playfulness into your current circumstances, bringing joy and wisdom to your journey. Capture your reflections in your journal.



COVEN

"I embrace the sacred bonds of the coven, finding strength and support in the mystical connections of like-minded souls."

Card Meaning:

The Coven card unveils a past life steeped in the mystique of magical communities. In this lifetime, you were part of a coven, a sacred circle of individuals sharing in the practice of magic and spiritual exploration. This card signifies a deep connection to the energies of unity, collaboration, and shared wisdom. It encourages you to explore the magic of communal bonds, reminding you of the strength found in spiritual companionship.

Journaling Prompt:

Envision yourself in a past life as part of a magical coven.

What role did you play, and how did the collective energy of the coven influence your spiritual journey?

Reflect on your current connections and consider how the concept of a spiritual community aligns with your present life. Explore how you can tap into the supportive and magical energies of your own metaphorical coven today. Capture your reflections in your journal.



ELEMENTAL FORCES

"I am in harmony with the elemental forces, drawing strength from the earth, the power from fire, the fluidity from water, and the inspiration from air."

Card Meaning:

The Elemental Forces card reveals a past life deeply intertwined with the primal energies of earth, fire, water, and air. In this lifetime, you were attuned to the natural forces, drawing strength and wisdom from the elements. This card signifies a connection to the elemental realms, urging you to explore the balance and transformation that comes from aligning with these foundational energies. It reminds you of the profound influence of the elements on your past and present journey.

Journaling Prompt:

Transport yourself to a scene from a past life where you were deeply connected to the elemental forces.

How did you interact with earth, fire, water, and air?

Reflect on your current relationship with nature and consider how the elements influence your daily life. Explore how you can attune more deeply to the elemental energies for balance and transformation. Capture your insights in your journal.



EMPATHIC HEALER

"I am a channel of healing energy, embracing the empathic gifts within me to bring comfort and restoration to others."

Card Meaning:

The Empathic Healer card unveils a past life characterised by the profound ability to heal through empathic connection. In this lifetime, you served as a conduit for healing energies, offering comfort and support through your deep understanding of emotions. This card signifies a spiritual link to the healing power of empathy, encouraging you to recognise and embrace this gift in your present journey. It's a reminder of the positive impact you can have on others through your empathic abilities.

Journaling Prompt:

Imagine a scene from a past life where you utilised empathic healing.

How did you connect with others on an emotional level?

Reflect on your current empathic experiences and consider how you can use your empathic gifts to bring healing and support to those around you. Explore ways to enhance your empathic abilities for the benefit of yourself and others. Document your reflections in your journal.



ENCHANTRESS

"The enchantress within me radiates magnetic charm, drawing in beauty, joy, and the fulfillment of my desires."

Card Meaning:

The Enchantress card reveals a past life steeped in the mystical arts of enchantment. In this lifetime, you embodied the magic of transformation, creating spells of beauty and positivity. This card signifies a connection to the enchanting energies, encouraging you to bring the magic of the enchantress into your present journey. It's a reminder of your ability to weave joy and love into the tapestry of your life.

Journaling Prompt:

Transport yourself to a scene from a past life where you embraced the role of an enchantress.

How did you use your magical abilities to create beauty and transformation?

Reflect on the enchanting aspects of your current life and consider how you can infuse more magic into your daily experiences. Explore ways to manifest your desires with grace and allure, just like the enchantress. Capture your reflections in your journal.



EXPLORER'S HEART

"I embrace the spirit of adventure within me, fearlessly exploring the uncharted territories of my soul's journey."

Card Meaning:

The Explorer's Heart card uncovers a past life marked by a courageous and adventurous spirit. In this lifetime, you embodied the essence of an explorer, fearlessly venturing into the unknown in search of wisdom and self-discovery. This card signifies a connection to the heart of exploration, encouraging you to embrace curiosity and courage in your present journey. It's a reminder of the vast territories of your soul waiting to be uncovered.

Journaling Prompt:

Imagine a scene from a past life where your explorer's heart led you to new and unexplored realms.

What did you discover about yourself and the world around you?

Reflect on the adventurous aspects of your current life and consider how you can channel the spirit of exploration for personal growth. Explore areas of your life that might benefit from a more adventurous approach. Capture your reflections in your journal.



FORGIVENESS

"In forgiveness, I find strength, and in letting go, I discover the true power of my heart."

Card Meaning:

The Forgiveness card unveils a past life marked by the transformative power of forgiveness. In this lifetime, you navigated the challenges of letting go and finding healing through the act of forgiving. This card signifies a deep connection to the capacity for forgiveness, encouraging you to release any lingering resentment for your present journey. It's a reminder of the inner freedom that forgiveness brings.

Journaling Prompt:

Transport yourself to a scene from a past life where forgiveness played a pivotal role in your journey.

How did the act of forgiveness impact your soul's growth?

Reflect on forgiveness in your current life and consider areas where releasing resentment could bring healing. Explore how forgiveness can create space for compassion and growth. Document your reflections in your journal.



GIFTS

"I gratefully receive the abundant gifts that the universe bestows upon me."

Card Meaning:

The Gifts card uncovers a past life enriched by the acknowledgment and expression of your unique talents and abilities. In this lifetime, you recognised and embraced the special gifts bestowed upon you, contributing positively to your journey and the lives of those around you. This card signifies a connection to the divine gifts within, encouraging you to appreciate and share them in your present journey. It's a reminder of the abundance that comes from recognising your innate talents.

Journaling Prompt:

Imagine a scene from a past life where your gifts played a significant role in shaping your journey.

How did you express and share these gifts?

Reflect on your current talents and consider how you can amplify their positive impact. Explore ways to use your gifts for your own joy and the betterment of the world. Capture your insights in your journal.



GRECO-ROMAN

"I embrace the timeless wisdom and beauty of the Greco-Roman era, drawing inspiration from the classical foundations of art, philosophy, and culture."

Card Meaning:

The Greco-Roman card uncovers a past life deeply rooted in the cultural and intellectual richness of ancient Greece and Rome. In this lifetime, you were immersed in the classical ideals of beauty, philosophy, and societal structure. This card signifies a connection to the Greco-Roman spirit, encouraging you to draw inspiration from its timeless wisdom in your present journey. It's a reminder of the enduring impact of classical ideals on your soul's evolution.

Journaling Prompt:

Transport yourself to a scene from a past life in the Greco-Roman era.

How did the cultural and intellectual environment of that time influence your soul's journey?

Reflect on the classical ideals that resonate with you and consider how you can integrate them into your modern life. Explore ways to infuse your life with the principles of harmony, balance, and intellectual exploration. Document your reflections in your journal.



INDIGENOUS ELDER

"As an Indigenous Elder, I carry the sacred teachings of harmony, respect, and oneness with the earth, guiding myself and others on a path of spiritual growth."

Card Meaning:

The Indigenous Elder card reveals a past life deeply intertwined with the rich heritage and spiritual wisdom of indigenous cultures. In this lifetime, you served as a guardian of ancient teachings, fostering harmony and connection with the natural world. This card signifies a connection to the role of the Indigenous Elder, encouraging you to integrate the sacred wisdom of your past into your present journey. It's a reminder of the profound spiritual knowledge and respect for nature that you carry within.

Journaling Prompt:

Imagine a scene from a past life where you embraced the role of an Indigenous Elder.

How did you contribute to the spiritual growth and harmony of your community?

Reflect on your current connection to nature and consider how you can embody the teachings of the Indigenous Elder in your modern life. Explore ways to foster healing, understanding, and unity. Capture your reflections in your journal.



INVENTIVE MIND

"I am a conduit for groundbreaking ideas, using my inventive mind to contribute to the advancement of knowledge, technology, and the betterment of humanity."

Card Meaning:

The Inventive Mind card unveils a past life marked by a brilliant and innovative approach to problem-solving and creativity. In this lifetime, you were a source of groundbreaking ideas and contributed to the advancement of knowledge and technology. This card signifies a connection to the role of the Inventive Mind, encouraging you to tap into your creative genius in your present journey. It's a reminder of the transformative power of original thought.

Journaling Prompt:

Transport yourself to a scene from a past life where your inventive mind played a crucial role.

How did your creativity contribute to the progress of your society? Reflect on your current approach to problem-solving and consider how you can harness your inventive mind for positive change. Explore ways to express your creativity and contribute to the betterment of humanity. Document your reflections in your journal.



INTUITIVE INSIGHTS

"As a bearer of Intuitive Insights, I open myself to receive divine guidance and trust the inner knowing that guides me on my path."

Card Meaning:

The Intuitive Insights card reveals a past life marked by a deep connection to higher wisdom and a strong intuitive sense. In this lifetime, you were attuned to the subtle energies guiding your path, making informed decisions through intuitive understanding. This card signifies a connection to the role of Intuitive Insights, encouraging you to trust and cultivate your inner knowing in your present journey. It's a reminder of the transformative power of intuition.

Journaling Prompt:

Transport yourself to a scene from a past life where your intuitive insights played a crucial role.

How did your intuition guide you through challenges and decisions? Reflect on your current relationship with your inner knowing and consider how you can strengthen your intuitive abilities. Explore ways to trust and follow your intuition for a more purposeful life. Document your reflections in your journal.



Joy

"I am a magnet for joyous experiences, attracting laughter, love, and moments of pure happiness into my present life."

Card Meaning:

The Joy card unveils a past life filled with an abundance of positive energy, laughter, and moments of pure joy. In this lifetime, you were a source of light and happiness, spreading positivity to those around you. This card signifies a connection to the role of Joy, encouraging you to cultivate and share joy in your present journey. It's a reminder of the transformative power of embracing a joyful perspective.

Journaling Prompt:

Imagine a scene from a past life where your presence brought joy and happiness to those around you.

How did you spread positivity in your community?

Reflect on your current relationship with joy and consider how you can infuse more laughter and delight into your life. Explore ways to share joy with others and create a positive ripple effect. Document your reflections in your journal.



LEGAL

"I am a guardian of ethical conduct, using the wisdom of the Legal archetype to navigate challenges with integrity and fairness."

Card Meaning:

The Legal card uncovers a past life deeply connected to the principles of justice, fairness, and ethical conduct. In this lifetime, you played a role in upholding the law and ensuring that justice prevailed. This card signifies a connection to the Legal archetype, encouraging you to embody principles of truth and fairness in your present journey. It's a reminder of the transformative power of ethical conduct.

Journaling Prompt:

Transport yourself to a scene from a past life where you were involved in legal matters or upholding justice.

How did you contribute to fairness and ethical conduct?

Reflect on your current understanding of justice and consider how you can uphold these principles in your modern life. Explore ways to navigate challenges with integrity and fairness. Document your reflections in your journal.



LOST LOVE

"I am a resilient soul, using the wisdom gained from lost love to cultivate deeper connections and a more profound understanding of love in my present life."

Card Meaning:

The Lost Love card unveils a past life marked by the complexity of love, heartbreak, and profound lessons. In this lifetime, you navigated the depths of emotional experiences related to love and loss. This card signifies a connection to the theme of Lost Love, encouraging you to draw strength from past heartbreaks for personal growth in your present journey. It's a reminder of the transformative power of resilience and the wisdom gained through love's challenges.

Journaling Prompt:

Imagine a scene from a past life where you experienced the complexities of lost love.

How did those experiences shape your understanding of love?

Reflect on your current relationships and consider how past heartbreaks have contributed to your personal growth. Explore ways to open your heart to new possibilities and cultivate deeper connections. Document your reflections in your journal.



MEDIEVAL KNIGHT

"I am a noble spirit, guided by the code of chivalry, using my strength and integrity to navigate the battles of life with honour."

Card Meaning:

The Medieval Knight card uncovers a past life characterised by the noble virtues of honour, courage, and chivalry. In this lifetime, you embraced the role of a defender of justice, facing challenges with bravery and upholding righteous principles. This card signifies a connection to the Medieval Knight archetype, encouraging you to embody these virtues in your present journey. It's a reminder of the transformative power of strength, integrity, and honour.

Journaling Prompt:

Transport yourself to a scene from a past life where you embodied the virtues of a Medieval Knight.

How did you defend what is just and uphold the principles of chivalry?

Reflect on your current challenges and consider how you can face them with bravery and honour. Explore ways to embody the virtues of a noble spirit in your modern life. Document your reflections in your journal.



MERCHANT

"I am a savvy creator of opportunities, using my business acumen and intuition to manifest prosperity and contribute positively to the world."

Card Meaning:

The Merchant card reveals a past life marked by the pursuit of wealth, opportunities, and a keen business sense. In this lifetime, you navigated the realms of commerce, attracting prosperity and creating abundance. This card signifies a connection to the Merchant archetype, encouraging you to embrace the spirit of abundance in your present journey. It's a reminder of the transformative power of manifesting wealth and contributing positively through financial endeavors.

Journaling Prompt:

Imagine a scene from a past life where you were engaged in commerce and manifesting wealth as a Merchant.

How did your business acumen contribute to your prosperity?

Reflect on your current relationship with finances and consider how you can attract abundance into your life. Explore ways to use your skills to create positive contributions. Document your reflections in your journal.



MILITARY

"I am a resilient force, using the lessons learned from past military experiences to navigate life's battles with strength and determination."

Card Meaning:

The Military card reveals a past life characterised by the virtues of courage, discipline, and a strong sense of duty. In this lifetime, you navigated challenges with bravery and commitment to protect what you held dear. This card signifies a connection to the Military archetype, encouraging you to embody these virtues in your present journey. It's a reminder of the transformative power of resilience, discipline, and determination.

Journaling Prompt:

Transport yourself to a scene from a past life where you embodied the virtues of the Military archetype.

How did your commitment to duty shape your experiences?

Reflect on your current challenges and consider how you can face them with bravery and discipline. Explore ways to embody the resilience and determination of a warrior spirit in your modern life. Document your reflections in your journal.



MOUNTAIN NOMAD

"I am a wanderer with purpose, using the lessons learned from past nomadic experiences to find strength and wisdom in the journey."

Card Meaning:

The Mountain Nomad card uncovers a past life marked by the freedom of wandering, adaptability, and a connection to the spirit of exploration. In this lifetime, you traversed varied terrains, finding strength and wisdom in the nomadic journey. This card signifies a connection to the Mountain Nomad archetype, encouraging you to embody adaptability and resilience in your present journey. It's a reminder of the transformative power of exploration and the lessons learned from the open road.

Journaling Prompt:

Imagine a scene from a past life where you roamed as a Mountain Nomad.

How did the nomadic lifestyle shape your character and experiences?

Reflect on your current journey and consider how you can embody adaptability and resilience in the face of life's varied terrains. Explore the lessons learned from the nomadic lifestyle and how they apply to your modern life. Document your reflections in your journal.



NATIVE AMERICAN

"I am a guardian of the sacred fire, using the lessons learned from past Native American experiences to kindle the flame of spiritual wisdom within and share its warmth with others."

Card Meaning:

The Native American card unveils a past life deeply connected to the wisdom of the land, spiritual insights, and a profound respect for nature's interconnectedness. In this lifetime, you lived in harmony with the earth, seeking spiritual wisdom from the natural world. This card signifies a connection to the Native American archetype, encouraging you to embody these teachings in your present journey. It's a reminder of the transformative power of reverence for nature and the sacred interconnectedness of all life.

Journaling Prompt:

Transport yourself to a scene from a past life where you lived as a Native American.

How did your connection to the land and spiritual insights shape your experiences?

Reflect on your current relationship with nature and consider how you can cultivate a deeper reverence for the earth. Explore ways to honour the interconnectedness of all things in your modern life. Document your reflections in your journal.



NATURE

"I am a steward of the environment, using the lessons learned from past experiences to cultivate a harmonious relationship with the earth and its creatures."

Card Meaning:

The Nature card uncovers a past life deeply intertwined with the innate wisdom and beauty of the natural world. In this lifetime, you found solace, inspiration, and a profound connection to the cycles of life within the embrace of the earth. This card encourages you to embody these qualities in your present journey. It's a reminder of the transformative power of finding peace in nature and becoming a steward of the environment.

Journaling Prompt:

Imagine a scene from a past life where you were deeply connected to Nature.

How did the natural world inspire and nurture your soul?

Reflect on your current relationship with the environment and consider how you can cultivate a harmonious connection with the earth and its creatures. Explore ways to become a steward of nature in your modern life. Document your reflections in your journal.



NEOLITHIC

"I carry the mantle of ancient knowledge, utilising the insights gained from these experiences to embrace the earth's timeless teachings, fostering a sacred connection that harmonises my existence."

Card Meaning:

The Neolithic card uncovers a past life deeply rooted in ancient times, where simplicity and wisdom guided your journey. In this lifetime, you drew strength from the earth's rhythms and maintained a sacred connection to the natural world. This card signifies a connection to the Neolithic archetype, encouraging you to embody these qualities in your present spiritual journey. It's a reminder of the transformative power of embracing simplicity and aligning with the ancient wisdom within.

Journaling Prompt:

Imagine a scene from a past life during the Neolithic era.

How did the simplicity of life and connection to nature shape your experiences?

Reflect on your current lifestyle and consider how you can bring elements of ancient wisdom into your present life. Explore ways to align with the earth's rhythms and embrace the simplicity that fosters harmony. Document your reflections in your journal.



NOBLE ROYALTY

"I am a sovereign of my own destiny, using the lessons learned from past noble experiences to wield power with grace and contribute to the greater good."

Card Meaning:

The Noble Royalty card unveils a past life marked by regal grace, wisdom, and a sense of responsibility. In this lifetime, you held a position of influence and used it to inspire positive change. This card encourages you to embody regal qualities in your present journey. It's a reminder of the transformative power of leading with dignity and using your influence for the greater good.

Journaling Prompt:

Transport yourself to a scene from a past life where you held a position of Noble Royalty.

How did your leadership shape your experiences and impact those around you?

Reflect on your current sphere of influence and consider how you can use your qualities for positive change. Explore ways to lead with dignity and contribute to the greater good in your modern life. Document your reflections in your journal.



NOURISHMENT

"I am a guardian of the soul's banquet, using the lessons learned to cultivate a life filled with love, joy, and sustenance."

Card Meaning:

The Nourishment card reveals a past life deeply connected to the profound act of providing sustenance and well-being. In this lifetime, you were a source of love, kindness, and spiritual nourishment for yourself and those around you. This card encourages you to embody these qualities in your present journey. It's a reminder of the transformative power of radiating love and creating a tapestry of well-being.

Journaling Prompt:

Imagine a scene from a past life where you played the role of the Nourisher.

How did your acts of love and kindness nourish the souls of others? Reflect on your current relationships and consider how you can create a tapestry of well-being in your life. Explore ways to cultivate spiritual nourishment and bring joy into your daily existence. Document your reflections in your journal.



NUN

"I embody the sacred vows and spiritual devotion of a Nun to cultivate a life dedicated to spiritual purity and service."

Card Meaning:

The Nun card uncovers a past life marked by sacred vows, spiritual discipline, and devoted service. In this lifetime, you found solace and strength in the sanctuary of inner devotion. This card encourages you to embody these qualities in your present journey. It's a reminder of the transformative power of spiritual purity and a life dedicated to service.

Journaling Prompt:

Transport yourself to a scene from a past life where you lived as a Nun.

How did your spiritual discipline and devotion shape your experiences?

Reflect on your current spiritual practices and consider how you can integrate elements of inner devotion into your daily life. Explore ways to serve others with purity of heart and dedication. Document your reflections in your journal.



ORPHAN

"I am a resilient and courageous soul cultivating a life filled with inner strength and compassion."

Card Meaning:

The Orphan card reveals a past life marked by challenges and the triumph of inner strength. In this lifetime, you navigated difficulties with resilience and self-reliance, creating a foundation of fortitude. This card encourages you to embody these qualities in your present journey. It's a reminder of the transformative power of resilience and the ability to cultivate compassion through life's challenges.

Journaling Prompt:

Imagine a scene from a past life where you lived as an Orphan. How did your inner strength help you overcome challenges and build resilience?

Reflect on your current life's challenges and consider how you can tap into your inner power to face them. Explore ways to cultivate compassion for yourself and others in times of difficulty. Document your reflections in your journal.



PHILOSOPHER'S PATH

"I am a seeker of profound wisdom, embodying my inquisitive spirit to navigate life with curiosity and contemplation, uncovering deeper truths and insights."

Card Meaning:

The Philosopher's Path card unveils a past life marked by a quest for profound wisdom and a commitment to seeking deeper truths. In this lifetime, you navigated the journey with curiosity and contemplation, uncovering insights that shaped your understanding of the world. This card encourages you to embody these qualities in your present journey. It's a reminder of the transformative power of enlightened perspectives and a life dedicated to seeking wisdom.

Journaling Prompt:

Transport yourself to a scene from a past life where you walked the Philosopher's Path.

How did your inquisitive spirit lead you to profound wisdom and understanding?

Reflect on your current quest for knowledge and consider how you can bring curiosity and contemplation into your daily life. Explore ways to cultivate enlightened perspectives and deepen your understanding of the world. Document your reflections in your journal.



PHOENIX

"I am a powerful force of transformation, embodying the rebirth and resilience of the Phoenix on my soul's journey."

Card Meaning:

The Phoenix card signifies a past life marked by powerful cycles of transformation and rebirth. In this lifetime, you navigated challenges with resilience, emerging from difficulties with newfound strength and wisdom. This card encourages you to embrace change as an opportunity for renewal, much like the mythical Phoenix rising from the ashes. It symbolises your ability to navigate life's challenges, using each experience as a catalyst for personal growth and transformation.

Journaling Prompt:

Imagine a scene from a past life where you embodied the energy of the Phoenix.

How did you navigate challenges and emerge stronger and wiser?

Reflect on your current attitude toward change and consider how you can embrace it as an opportunity for renewal. Explore areas in your life where you can foster continual growth and transformation. Document your reflections in your journal.



RENAISSANCE

"I am a guardian of artistic exploration, drawing inspiration from past Renaissance experiences to cultivate a life marked by creativity, innovation, and self-expression."

Card Meaning:

The Renaissance card signifies a past life characterised by a rich tapestry of creativity, artistic exploration, and continual self-reinvention. In this lifetime, you were a beacon of innovation and expression, contributing to the cultural and intellectual flourishing of the time. This card encourages you to embrace your creative essence, express your unique talents, and approach life with a spirit of continual self-renewal.

Journaling Prompt:

Transport yourself to a scene from a past life during the Renaissance.

How did you contribute to the cultural and artistic renaissance of that time?

Reflect on your current creative pursuits and consider how you can infuse more innovation and self-expression into your life. Explore ways to continually reinvent yourself on your journey of personal and creative growth. Document your reflections in your journal.



REVOLUTIONARY SPIRIT

"I am a catalyst for change, embodying the revolutionary spirit to cultivate a life marked by courage, activism, and positive revolution."

Card Meaning:

The Revolutionary Spirit card signifies a past life marked by a courageous and fearless commitment to social change and positive revolution. In this lifetime, you stood as a catalyst for transformation, challenging the status quo and advocating for justice. This card encourages you to embrace your inner revolutionary, fearlessly challenge norms, and contribute to positive change in your current life.

Journaling Prompt:

Imagine a scene from a past life where you embodied the Revolutionary Spirit.

How did you contribute to social change and positive revolution?

Reflect on your current values and consider how you can fearlessly challenge norms to create positive transformation in your community and beyond. Explore ways to cultivate a life marked by courage, activism, and positive revolution. Document your reflections in your journal.



SACRED DANCER

"I am a vessel of divine expression revealing myself through movement, grace, and the language of the soul."

Card Meaning:

The Sacred Dancer card signifies a past life characterised by the divine expression of self through movement, grace, and the language of the soul. In this lifetime, you were a vessel of sacred expression, connecting with the divine within and sharing your innermost self through dance. This card encourages you to honour your unique form of expression, embrace authenticity, and find joy in the beauty of self-expression.

Journaling Prompt:

Transport yourself to a scene from a past life as the Sacred Dancer. How did you connect with the divine through movement and expression?

Reflect on your current forms of self-expression and consider how you can infuse more authenticity and joy into your life through dance or other creative outlets. Explore ways to cultivate a life marked by sacred expression and the beauty of being authentically yourself. Document your reflections in your journal.



SACRED GUARDIAN

"I am a guardian of sacred spaces and divine energies. I stand as a sentinel of light, shielding and guiding those in need with compassion and wisdom."

Card Meaning:

The Sacred Guardian card signifies a past life characterised by the role of a protector, standing as a sentinel of light and guiding others with compassion and wisdom. In this lifetime, you held the responsibility of guarding sacred spaces and energies. This card encourages you to embrace your role as a protector, offering compassion and wisdom to those in need while cultivating a life marked by divine guidance.

Journaling Prompt:

Transport yourself to a scene from a past life as the Sacred Guardian.

How did you fulfil the role of protector and guide?

Reflect on your current relationships and consider how you can embody the qualities of protection, compassion, and divine guidance in your interactions. Explore ways to create and maintain sacred spaces in your life. Document your reflections in your journal.



SCHOLARLY PURSUITS

"I am a seeker of knowledge and engage in lifelong learning, cultivating wisdom and expanding my understanding of the world."

Card Meaning:

The Scholarly Pursuits card signifies a past life characterised by a deep commitment to intellectual exploration and the pursuit of knowledge. In this lifetime, you were a seeker of wisdom, engaging in scholarly pursuits to expand your understanding of the world. This card encourages you to embrace a lifelong love of learning, cultivate wisdom, and approach life with a spirit of intellectual curiosity.

Journaling Prompt:

Transport yourself to a scene from a past life immersed in Scholarly Pursuits.

How did you engage in intellectual exploration and the pursuit of knowledge?

Reflect on your current interests and consider how you can continue to cultivate wisdom and curiosity in your life. Explore ways to incorporate lifelong learning into your daily routine. Document your reflections in your journal.



SCULLERY MAID

"I find dignity and purpose in humble tasks, knowing that every action contributes to a greater whole."

Card Meaning:

The Scullery Maid card signifies a past life characterised by humble service and finding purpose in simple tasks. In this lifetime, you embraced the dignity of your role, understanding that every action contributed to a greater whole. This card encourages you to appreciate life's simple joys, find purpose in humble tasks, and cultivate a life marked by humility and service.

Journaling Prompt:

Transport yourself to a scene from a past life as a Scullery Maid.

How did you find dignity and purpose in humble tasks?

Reflect on your current responsibilities and consider how you can bring a sense of humility and service into your daily life.

Explore ways to appreciate and find joy in life's simple pleasures.

Document your reflections in your journal.



SEAFARING SOUL

"I am an adventurous explorer, navigating the waters of life with courage, embracing the unknown and seeking new horizons."

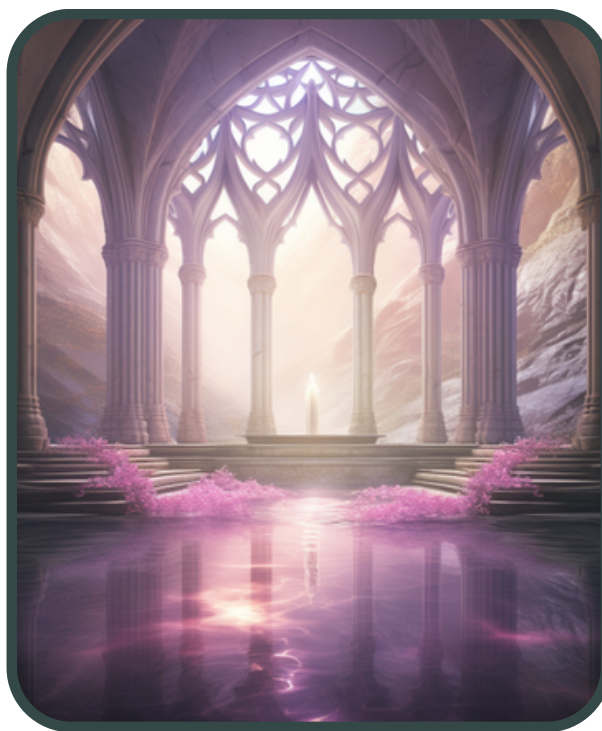
Card Meaning:

The Seafaring Soul card signifies a past life characterised by adventurous exploration, navigating the waters of life with courage and seeking new horizons. In this lifetime, you embraced the unknown, and your spirit was marked by resilience and a sense of discovery. This card encourages you to continue cultivating a life marked by adventure, resilience, and a willingness to explore new possibilities.

Journaling Prompt:

Transport yourself to a scene from a past life as a Seafaring Soul. How did you navigate the waters of life with courage and resilience?

Reflect on your current challenges and consider how you can approach them with a spirit of adventure and discovery. Explore ways to embrace the unknown and cultivate resilience in your life. Document your reflections in your journal.



SERENE SANCTUM

"I create a sacred space within, nurturing tranquility and inviting peace into every aspect of my life."

Card Meaning:

The Serene Sanctum card signifies a past life characterised by the creation of an inner sanctuary, nurturing tranquility and inviting peace into every aspect of life. In this lifetime, you were a guardian of serenity, cultivating inner calm and maintaining a connection to the sacred. This card encourages you to continue fostering a life marked by inner peace, balance, and a deep connection to the sacred within.

Journaling Prompt:

Transport yourself to a scene from a past life within the Serene Sanctum.

How did you create and maintain inner peace and tranquility?

Reflect on your current practices for inner calm and consider how you can deepen your connection to the sacred within. Explore ways to nurture a serene sanctum in your life. Document your reflections in your journal.



SOUL FAMILY

"I embrace the bonds of love and shared experiences that connect me to a spiritual family beyond this lifetime."

Card Meaning:

The Soul Family card signifies a past life characterised by strong connections to a soulful community, embracing bonds of love and shared experiences that transcend lifetimes. In this lifetime, you were a guardian of soul connections, cultivating deep relationships and a profound sense of belonging. This card encourages you to cherish and foster the connections in your current life that resonate with the spirit of a soulful family.

Journaling Prompt:

Transport yourself to a scene from a past life surrounded by your Soul Family.

How did you cultivate and strengthen these soul connections?

Reflect on your current relationships and consider how you can deepen your connections with those who feel like soul family. Explore ways to create a sense of belonging in your life.

Document your reflections in your journal.



SPIRIT GUIDE

"I am guided and protected by higher wisdom and I trust in the divine guidance that leads me on my path."

Card Meaning:

The Spirit Guide card signifies a past life characterised by a strong connection to higher wisdom and divine guidance. In this lifetime, you were guided and protected by spiritual energies, trusting in the wisdom that leads you on your path. This card encourages you to continue cultivating a life marked by trust, guidance, and a deep connection to the divine.

Journaling Prompt:

Transport yourself to a scene from a past life where your Spirit Guide provided guidance and protection.

How did you connect with higher wisdom?

Reflect on your current spiritual practices and consider how you can strengthen your connection to the divine.

Explore ways to trust in the guidance that unfolds in your life. Document your reflections in your journal.



VIKING

"I embrace the bonds of love and shared experiences that connect me to a spiritual family beyond this lifetime."

Card Meaning:

The Viking card signifies a past life characterised by the fearless warrior spirit, facing challenges with courage and resilience. In this lifetime, you drew strength from the warrior spirit within you. This card encourages you to continue cultivating a life marked by bravery, inner strength, and a warrior's heart in the face of challenges.

Journaling Prompt:

Transport yourself to a scene from a past life as a Viking.

How did you embody fearlessness and resilience in the face of challenges?

Reflect on your current challenges and consider how you can approach them with the bravery and strength of a warrior.

Explore ways to cultivate a warrior's heart in your life.

Document your reflections in your journal.



WARRIOR QUEEN

"I am a powerful and resilient leader. I lead with strength, compassion, and unwavering courage in the face of challenges."

Card Meaning:

The Warrior Queen card signifies a past life characterised by powerful and resilient leadership, facing challenges with unwavering courage and compassion. In this lifetime, you led with strength and empowerment. This card encourages you to continue cultivating a life marked by leadership, inner strength, and compassion in the face of challenges.

Journaling Prompt:

Transport yourself to a scene from a past life as a Warrior Queen. How did you lead with strength and compassion? Reflect on your current leadership roles or challenges and consider how you can approach them with the qualities of a Warrior Queen. Explore ways to cultivate leadership, strength, and compassion in your life. Document your reflections in your journal.



WEALTH

"I am a magnet for abundance and I attract prosperity and generosity into every area of my life."

Card Meaning:

The Wealth card signifies a past life characterised by an abundance of prosperity and financial well-being. In this lifetime, you were a magnet for wealth and attracted prosperity into various areas of your life. This card encourages you to continue cultivating a life marked by abundance, generosity, and financial well-being.

Journaling Prompt:

Transport yourself to a scene from a past life where you experienced wealth and prosperity.

How did you attract abundance into your life?

Reflect on your current relationship with prosperity and consider how you can enhance it. Explore ways to cultivate generosity and financial well-being. Document your reflections in your journal.

ABOUT THE AUTHOR



Kylie King is a hypnotherapist who specialises in past life regression, #1 bestselling author and small business advocate with a passion for empowering others.

She acts as a guiding light for her clients, assisting with their mindset and exploration of self, and weaving clarity and confidence into their journey.

To work with Kylie:

Book in your own Past Life Session:

- Past Life Regression (great for new seekers)
- Quantum Healing Hypnosis Technique (QHHT)
- Beyond Quantum Healing (BQH)

www.kylieking.com.au/schedule

Book in a 1-1 coaching/mentoring session:

Book in a session with Kylie whether in person or online.

www.kylieking.com.au/schedule

Membership:

Join our Undivided membership that helps you explore the Inner Journey through a proven framework.

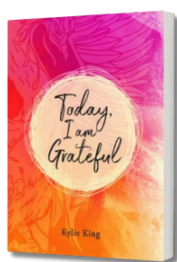
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Journaling and Self-Reflection:

Continue your journey through self-reflection and journaling. Regularly document your experiences, insights, and observations. This ongoing practice can deepen your connection with your inner self and provide a record of your evolving spiritual journey.

Kylie's other products:

Gratitude Journal



This visually stunning and 'hands-on' journaling experience is designed for the reader to explore gratitude and truly acknowledging your achievements over the 90-day period.

www.kylieking.com.au/product/today-i-am-grateful

Colouring Book



This book was created for you to pause, breathe and take a moment for yourself while also enjoying the many benefits of colouring.

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